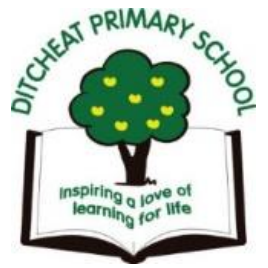




Ditchheat Primary School

Inspiring a Love of Learning for Life

Friday 6th February



Dear Parents/ Carers

We have survived the floods and storms over the last week luckily and children and staff managed to get into schools safely.

This week the Octagon theatre came into school and did a drama workshop with Willow class, which they enjoyed – lots of work around mime and facial expressions was learnt. The Ks2 children have been so inspired by our work on Cinderella that they, lead by Flossie, created their own play script, which they acted out to an audience. We look forward to these skills coming into place for our summer production!

On Thursday, the Eco team joined the teams from other Federation schools - Upton Noble and Bruton, to attend the Sustainable Futures Conference- held at the Yeovil Football ground. We all went together by minibus with Mrs Bisset. The 3 Eco teams presented to a room full of primary schools on sustainable houses, electric cars and the use of AI. It was a fascinating day, learning more about AI and the future of sustainable careers. They also met and attended many company workshops in a trade hall- Kier, NHS, Environment Agency and much more. They collected many freebies! We hope to invite many of the companies into school to do workshops and careers talks.

Mrs Cosser will be travelling to Zambia this weekend, with two staff from Bruton Primary to visit our new link school (Muansobe Primary School in Mufilira, Zambia – see Google Earth). Mrs Cosser will be taking Ditchheat Dave the teddy bear in uniform and will be blogging each day to show the Ditchheat children what she has been doing in the school next week. Mrs Cosser will be spending next week teaching and observing lessons, planning with the teachers and taking the pen pal letters and special Ditchheat Book 'A day in the Life.' Ditchheat children can ask Mrs Cosser questions via email with their teachers. Mrs Bisset is hoping to have a live virtual assembly with Zambia and Ditchheat and Bruton school on Thursday. Mrs Cosser is taking out many resources from our fundraising including maths resources (protractors and compasses), art equipment (watercolours, felt tips and oils), pencils, pens, maps and atlases as a gift for hosting our visit.

Today in assembly, we found our school on Google Earth and the children saw their finished book, which will be given as a gift – all about Ditchheat. Mrs Cosser has met with the Headmaster at Sexey's Bruton, who was born in Zambia and we hope to expand the Zambia link to Sexey's Bruton so the children can stay in touch with our Zambian friends and who knows, maybe visit them one day – work still in progress!

Do look at the daily blogs and keep up to date via the school website, under Community tab:

<https://www.ditchheatprimary.org.uk/zambia-link-school-work/>

Mrs Cosser will share more on her return after half term.

Have a wonderful half term break and we look forward to lighter days and less rain, when we return.

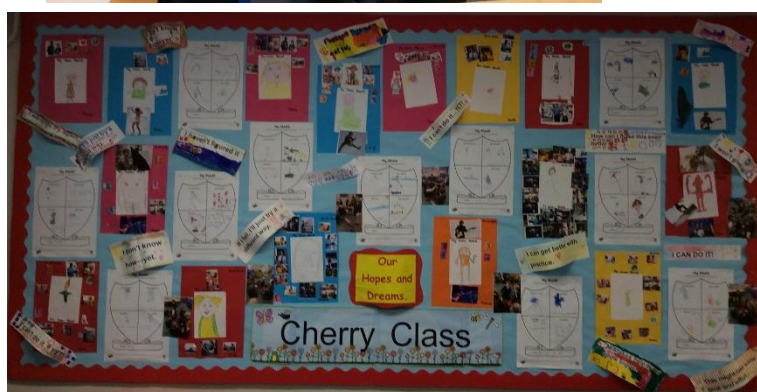
Best wishes

Mrs Cosser and Mrs Bisset

Head of School Executive Headteacher

Dare to Dream Day with Mr Tostevin

During the Dare To Dream day, on Tuesday January 20th, the children took part in a variety of workshops, all working on learning about themselves, building confidence and tools to help them chase their dreams. We started with an assembly which showed some amazing figures that the children could then research: Lydia Huayllas (a Cholitta Climber), Great Thunberg (an activist and change maker), Ross Edgley (the superhero sportsman) and Henry Fraser (the quadriplegic artist). There were four workshops throughout the day: Strength in Difference, Setting Goals, Growth Mindset and Overcoming Challenges. Each workshop was full of challenges that the children really enjoyed! We encouraged every child to shoot for the stars, as we know that they will achieve anything they put their minds to. Each class made a growth mindset jar, and we even saw them being used in the following workshop to help the children bounce back and overcome the challenges they faced in building their towers of plastic cups. Take a look at what they got up to during the day, before a closing assembly and showing off their work to the rest of the school.





Wellbeing tip of the week

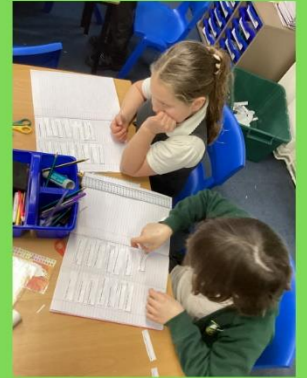
Dreams come true when you work hard and never give up



Dare To Dream Cherry Class



Dare To Dream Maple Class



Dare To Dream Holly Class



Dare To Dream Willow Class



Year 4 Ansford Sports Festival- Team Building



Somerset Sustainable Futures Event – Ditchheat Eco team attended and presented to the conference.

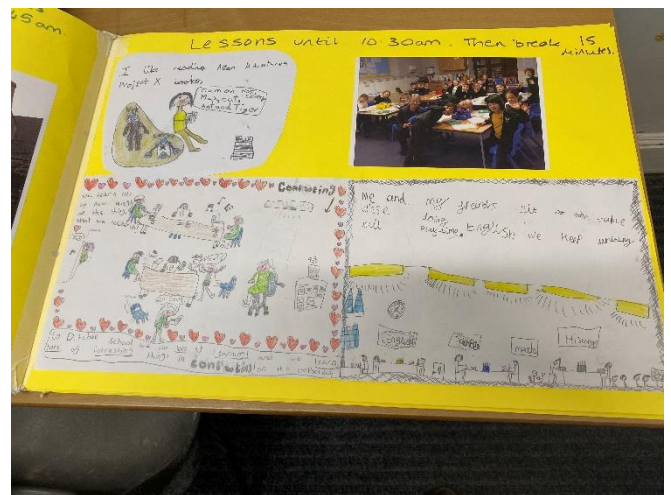


Willow Class Drama Workshop



Zambia

<https://www.ditcheatprimary.org.uk/zambia-link-school-work/>



PAPAYA

Let's talk about our kids and their tech

AN EXPERT-LED SESSION FROM PAPAYA TALKS, ORGANISED BY BRUTON'S SMARTPHONE FREE PARENTS GROUP. ALL PARENTS & CARERS WELCOME.

THIS EVENT IS FREE TO ATTEND. RSVP HERE TO BOOK YOUR PLACE:

RSVP:



Nicola MacDonald

Nicola MacDonald is a Resilience Coach and Author of the non-fiction book, Resilient Teen. She is the Founder of My Resilient Mind and Co-Founder of The Digital Detox Club. She runs resilience workshops and talks for schools, parents, and adults in the workplace. She specialises in mindfulness, tech addiction, youth mental health and conscious parenting.

Nicola is an empowering and uplifting speaker who shares her knowledge in a non-judgemental way linking to her own experiences of parenthood and her own previous struggles with teen anxiety.


bit.ly/smartphonebruton Tuesday 3 March @ 7pm Downstairs @ At The Chapel

WORLD BOOK DAY
5th March

Celebrate World Book Day

On Thursday 5th March join other Somerset businesses changing lives through a love of books and reading.

NEXTSTAGE



Domain 3

EATING DIFFICULTIES

SEF areas

We ensure that staff understand how neurodiverse needs can impact a child's behaviour and ability to learn.

Date and Venue

12 February 2026
10:00-12:00
Online

Who

Parents
Teachers
Learning support assistants

Offer details

Food and eating can be a huge issue for autistic children.

Sensory issues and anxiety can lead to a person having a very restricted diet.


What can you do to help neurodiverse children with eating difficulties? In this 2 hour session, we will explore autism and food sensitivities.

The session covers -

Sensory sensitivities and their role in eating Anxiety's role in eating.
The difficulties we usually see.
Strategies that work to help a child.

Hour allocation

2 hours



Booking

<https://shorturl.at/PC91a>




FREE

Confident Parents – Raising Confident Children Who Bounce Back

Topic: Resilience 

This is a 2-hr workshop facilitated by Young Somerset. It is an opportunity to meet other parents and to share common concerns. We discuss what helps young people to feel more confident in dealing with the up and downs of life.

Tea, coffee and biscuits provided

Tuesday 28th April 2026
9am – 11am

To sign up please contact the office of the school your child attends

East Somerset Federation Schools
Bruton Primary, Ditcheat and Upton Noble

www.youngsomerset.org.uk  @youngsomerset




FREE

Confident Parents - Helping Your Child to Meet Everyday Challenges

TOPIC: Anxiety and Low Mood


This is a 2hr workshop facilitated by Young Somerset. It is an opportunity to meet other parents and share common concerns. We talk about, the signs and symptoms of everyday challenges such as anxiety and low mood, some do's and don'ts and share hints and tips on how to support your child. Tea, coffee and biscuits provided.

Wednesday 1st April 2026
9am - 11am


Book your space by contacting the office at the school your child attends

East Somerset Federation Schools
Bruton Primary, Ditcheat and Upton Noble



www.youngsomerset.org.uk  @youngsomerset



AFTER SCHOOL CLUBS

 FEBRUARY HALF TERM TO EASTER

THURSDAY Archery (Key Stage 2)

WWW.TLESPORTSCOACHING.CO.UK